# FFI Immersion Program SAMPLE SCHEDULE

# **Team Building**

Sessions in the Team Building Phase will be twice a week. Dates subject to participant availability.

# June 28-July 2 (Virtual)

Session 1: TB 1.1: Intro to FFI Session 2: TB 1.2: Shared Experiences

# July 5-9 (Virtual)

Session 3: TB 1.3: Team Decision Making Session 4: TB 1.4: Team Identity: Our Values

# July 12-16 (Virtual)

Session 5: TB 1.5: Team Identity: Our Mission

Session 6: TB 2.1: Improvisation

### July 19-23 (Virtual)

Session 7: Parent Meeting (required)
Session 8: PS 1.1: Hello My Name is...

## July 26-30 (Virtual)

Session 9: ID: 1.2/PS 1.2: Life Maps (extended session)

# **Skill Building**

# August 4-14: Immersion Trip in Durham, New Hampshire (In-person)

#### **Sessions**

PS 1.4: Finding Your Why? PS 3.1: Feedback Session TB 2.2: Communication ID 1.1: Discovering Your Identity

GS 1.1: Introduction to Goal Setting TB 3.1: Team Project Brainstorm

4 Electives (TBD)

#### **Extra Components**

5 Volunteer Service Projects

1 Ropes Course

1 Hike

Nightly Reflection

Public Speaking Opportunities Community Interactions

# **Community Building**

Sessions in the Community Building Phase will be once a week. Date subject to participant availability.

# August 16-20 (Virtual)

Session 10: TB 3.2: Project Outline & Strategy

# August 23-27 (Virtual)

Session 11: ELECTIVE

## **August 30-September 3 (Virtual)**

Session 12: TB 3.3: Project Check-In

# September 13-17 (Virtual)

Session 13: ELECTIVE

# September 20-24 (Virtual)

Session 14: TB 3.4: Project Implementation

# **Social Action Project**

Participants complete a social action project that addresses a need in their communities. The project must be completed by **October 30, 2021** 

# **November 1-5 (Virtual)**

Session 15: TB 3.5: Project Presentation Prep

# **November 8-12 (Virtual)**

Session 16: TB 3.6: Project Presentation

# **November 15-19 (Virtual)**

Session 17: Our Journey & What's Ahead?

# **November 22-26 (Virtual)**

Session 18: Welcome to the Alumni Movement