

# FFI GLOBAL IMMERSION PROGRAM SAMPLE SCHEDULE

## TEAM BUILDING

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*Sessions in the Team Building Phase will be once a week. Dates subject to participant availability.*

### Week of June 12th (Virtual)

Session 1

### Week of June 19th (Virtual)

Session 2

### Week of June 26th (Virtual)

Session 3

### Week of July 3rd (Virtual)

Session 4

### Week of July 10th (Virtual)

Session 5

### Week of July 17th (Virtual)

Session 6

### Week of July 24th (Virtual)

Session 7

### Week of July 31st (Virtual)

Session 8

## SKILL BUILDING

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**August 7th: Travel to Northern Ireland (Flight to Dublin)**

**August 7th - 18th: Immersion Program in Northern Ireland (In-person)**

### Sessions

Finding Your Why?

Feedback Session

Communication

Discovering Your Identity

Introduction to Goal Setting

Team Project Brainstorm

Public Speaking

### Extra Components

5 Volunteer Projects

1 Ropes Course

1 Hike

Nightly Reflection

Public Speaking Opportunities

Community Interactions

## COMMUNITY BUILDING

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*Sessions in the Community Building Phase will be once a week. Date subject to participant availability.*

**August 18th: Travel back home (Flight from Dublin)**

### Week of August 28th (Virtual)

Session 6

### Week of September 4th (Virtual)

Session 7

### Week of September 11th (Virtual)

Session 8

### Week of September 18th (Virtual)

Session 9

### Week of September 25th (Virtual)

Session 10

### Week of October 2nd (Virtual)

Session 11

### Week of October 9th (Virtual)

Session 12

### Week of October 16th

Session 13

### Week of October 23rd

Session 14

### Week of October 30th

Session 15

### Week of November 6th

Session 16

### Week of November 13th

Session 17

### Week of November 20th

Session 18

### Week of November 27th

Session 19

### Week of December 4th

Session 20

### Week of December 11th

Session 21

### Social Action Project

Participants complete a social action project proposal that addresses a need in their communities.

The project must be presented by **December 31st, 2023**