

SAMPLE SCHEDULE

FFI NORTHERN IRELAND/IRELAND IMMERSION PROGRAM

TEAM BUILDING

Sessions in the Team Building Phase will be once a week. Dates subject to participant availability.

Week of May 15th (Virtual)

Session 1

Week of May 22nd (Virtual)

Session 2

Week of May 29th (Virtual)

Session 3

Week of June 5th (Virtual)

Session 4

June 2nd-4th (In-person at our Annalong Center)

Parent Info Session

Week of July 3rd (Virtual)

Session 5

SKILL BUILDING

July 9th: Travel to the US (Flight from Dublin to Boston)

July 9th - 23rd: Immersion Program in Durham, New Hampshire (In-person)

Sessions

Finding Your Why?

Feedback Session

Communication

Discovering Your Identity

Introduction to Goal Setting

Team Project Brainstorm

Public Speaking

Extra Components

5 Volunteer Projects

1 Ropes Course

1 Hike

Nightly Reflection

Public Speaking Opportunities

Community Interactions

COMMUNITY BUILDING

Sessions in the Community Building Phase will be once a week. Date subject to participant availability.

July 23rd: Travel back home (Flight from Boston to Dublin)

Week of July 31st (Virtual)

Session 6

Week of August 7th (Virtual)

Session 7

Week of August 14th (Virtual)

Session 8

Week of August 21st (Virtual)

Session 9

Week of August 28th

Session 10

Week of September 4th

Session 11

Week of September 11th

Session 12

Week of September 19th

Session 13

Week of September 26th

Session 14

Week of October 2nd

Session 15

Week of October 9th

Session 16

Week of October 16th

Session 17

Week of October 23rd

Session 18

Week of October 30th

Session 19

Week of November 6th

Session 20

Week of November 13th

Session 21

Social Action Project

Participants complete a social action project proposal that addresses a need in their communities.

The project must be presented by **December 1st 2023**